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### PROGRAM POLICY AND PROCEDURE MANUAL

### MENTOR JOB DESCRIPTION

The National Black MBA Association, Leaders of Tomorrow Twin Cities Chapter (LOT-TC) Mentoring program helps to empower youth in our community to make positive life choices that enable them to maximize their potential. The mentoring program uses adult volunteers to commit to supporting, guiding, and being a friend to a young person for a period of at least one year. By becoming part of the social network of adults and community members who care about the youth, the mentor can help youth develop and reach positive academic, career, and personal goals.

### Mentor Role

- Take the lead in supporting a young person through an ongoing, one-to-one relationship
- Serve as a positive role model and friend
- Build the relationship by planning and participating in activities together
- Strive for mutual respect
- Build self-esteem and motivation
- Help set goals and work toward accomplishing them: academic, career, and personal goals

### Time Commitment

- Make a one-year commitment
- Spend four to eight hours per month on LOT-TC activities
- Communicate with the mentee weekly
- Attend an initial two-hour training session and additional two-hour training sessions twice during each year of participation in the program
- Attend optional mentor/mentee group events, mentor support groups, and program recognition events

### Participation Requirements

- Be at least 21 years old
- Reside in Twin Cities metro area
- Be interested in working with young people
- Be willing to adhere to all program policies and procedures
- Be willing to complete the application and screening process
- Be dependable and consistent in meeting the time commitments
- Attend mentor training sessions as prescribed
- Be willing to communicate regularly with program staff
- Have access to an automobile, auto insurance, and a good driving record
- Have a clean criminal history
- No use of illicit drugs
- No use of alcohol or controlled substances in an inappropriate manner
- Not currently in treatment for substance abuse and have a non-addictive period of at least five years

# MITCHY, BLOCK CHAPTER NETWIN CITIES CHAPTER

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### Desirable Qualities

- Willing listener
- Encouraging and supportive
- Patient and flexible
- Tolerant and respectful of individual differences

## Benefits

- Personal fulfillment through contribution to the community and individuals
- Satisfaction in helping someone mature, progress, and achieve goals
- Training sessions and group activities
- Participation in a mentor support group
- Personal ongoing support, supervision to help the match succeed
- Mentee/mentor group activities, complimentary tickets to community events, participant recognition events

### **Application and Screening Process**

- Written application
- Driving record check
- Criminal history check: state, child abuse and neglect registry, sexual offender registry
- Personal interview
- Provide personal reference(s)
- Attend two-hour mentor training

For more information, contact the National Black MBA Association, Leaders of Tomorrow – Twin Cities chapter mentoring program at 612-LOT-6006 or <a href="mailto:nbmbaa.lot.tc@gmail.com">nbmbaa.lot.tc@gmail.com</a>.